

HADRIAN'S WALL TREK 25KM

KEY INFO

Duration	1 day
Distance	25km approx.
Challenge Grade	Challenging (1/3)
Location	England

CHALLENGE HIGHLIGHTS

- Explore Northumberland National Park
- Step back in time and experience history
- Hike across clifftops and crags
- Take in stunning views across the Northumberland Moors
- The perfect adventure for those short on time!



Join us as we explore Hadrian's Wall and trek from Housesteads Roman Fort to Wall Town National Park Centre, encompassing the most fascinating of ruins! Hadrian's Wall was built in AD122 on the orders of the Roman Emperor Hadrian, and stretched from the East to West coasts of Britain from Bowness on Solway in the West to Wallsend in the East. Now a UNESCO World Heritage Site which cuts through Northumberland National Park, Hadrian's Wall attracts trekkers from all over as it offers great challenging walks, filled with a stunning backdrop and history.

CHALLENGE ITINERARY

Brocolitia Roman Fort to Wall Town National Park Centre

We meet for event registration at Wall Town Car Park and then transfer to our starting point, the car park close to Brocolitia Roman Fort. We then begin our walk along the magnificent Hadrian's Wall, with its challenging undulations! Our trek will be quite demanding as we are continually ascending and descending as the day progresses. The start of our route offers us breathtaking views across Northumberland National Park at Peel crags, and we then continue striding along some of the most beautiful and visible sections of the wall, passing many roman forts or "Milecastles" as they were once called. With weary legs, we reach our finish point at Wall Town National Park Centre for a well-deserved glass of fizz! Once we have caught our breath, we are free to make our onward journeys home.

Trekking distance - approx. 25km

Please note, this is a complex itinerary - times, distance and logistics are strictly subject to change.

CHALLENGE INCLUSIONS

What's Included?

- Complimentary snacks and packed lunch
- Full support from our experienced crew
- Vehicle for back up and support

What's Not Included?

- Breakfast and dinner
- Tips and gratuities
- Personal trekking kit

FREQUENTLY ASKED QUESTIONS

Is this trip for me?

ABSOLUTELY! This trek is suitable for all ages with the correct training. The minimum age for this trek is 18 years old (those aged 14 - 17 years must be accompanied by a parent or legal guardian). The one thing everyone will have in common is a great sense of adventure and a desire to help a charity. Whether you are taking part as an individual or as a team with friends, team spirit will be flying high on the challenge!

How fit do I need to be?

This trek has been graded as Challenging (1) on our challenge grading scheme, meaning it is designed to push your boundaries - however it is achievable by most people as long as you fitness train beforehand. Remember, you are trekking 25km in one day - the fitter you are the more you will enjoy this challenge. A full training guide will be included in your welcome pack and is available to download via our website. We also run training weekends throughout the year - a fantastic opportunity to meet other participants and train together before the event.

Our policy is to encourage and support as many people as possible to take part in our challenges. But they may not be suitable for all people due to restriction posed by limitation in mobility, physical or cognitive disability, pregnancy, or other various medical conditions. If you have any doubts regarding your suitability for your challenge, please contact our office to speak to one of the team.

What is the challenge grading scheme?

All our challenges are graded on a scale from 1 to 3 to indicate the level of difficulty, 1 being the lowest challenge grade and 3 being the most challenging. (1 = Challenging, 2 = Tough and 3 = Extreme).

Do I need specialist kit?

We will provide a kit list of what to take once you register to take part. Apart from some broken in trekking boots and some waterproofs you do not need any specialist kit.

Do I have to carry my own luggage?

No – all you will need is a small day pack while trekking to carry items such as a camera, energy snacks, waterproofs, warm clothing, etc.

Food Matters...

A packed lunch is included on this challenge, plus snacks during the trek. We cater for most dietary requirements as long as we know in advance – just fill out the appropriate section on your registration form.

What support is there on the challenge?

There will be a strong support team with professional Global Adventure Challenges leaders. A full, comprehensive first aid kit will be taken. Mobile phones and VHF radios will be used to ensure our safety and security at all times.

What happens if I get tired?

You can stop for drinks and snacks as and when you need to. A guide will be bringing up the rear of the group ensuring no-one is left alone – remember though, this is not a race!

How do I go about raising the sponsorship?

Once you have signed up you will receive a fundraising pack from your charity in order to make your fundraising as easy as possible. You will also receive a few tips and ideas from Global Adventure Challenges to help you on your way.

I'm interested... What do I do now?

You can register online at globaladventurechallenges.com and payment of the registration fee is due at time of booking. Once your registration is received, we will get in touch with further information on what to expect from this awesome adventure! Your charity will also be in contact to discuss your fundraising.

