

Volunteers carry out a vital role in our organisation, helping staff in every area of our work. Their contribution is important and valued, and we would not be able to offer the services and care to our patients and families without their help and commitment.

WHY VOLUNTEER?

Volunteering with **ellenor** can be enjoyable and rewarding. It is a great way to meet new people and learn new skills in a supportive and friendly environment. It can also be a good way to build your confidence if you are looking for work. Evidence of regular volunteering can improve your CV.

WHO VOLUNTEERS?

Our volunteers are from our local community who have time to give. They are of all ages and all backgrounds. The time commitment varies from a few hours a week, to a more occasional basis. Not all of our volunteers work directly alongside patients and families; many carry out roles in a supportive setting e.g. fundraising, shop assistant or office work. But no matter what role they undertake, our volunteers are helping us to continue the important work we do.

Every year, we care for hundreds of patients and their families. The cost of this care continues to rise; but remains free to those who use our services. The NHS contribute a proportion, however, the majority of our income is raised by our local community and volunteers.

TYPES OF VOLUNTEERING OPPORTUNITIES AVAILABLE

There are a wide range of different volunteering opportunities across the whole organisation. These include:

- Fundraising and events
- Administrative and clerical work
- Reception
- Shop assistant (in one of our shops)
- Inpatient Ward Helper
- Day Therapy Helper
- Befriending
- Driving (minibus or own car)
- Gardening / maintenance
- Bereavement support
- Coffee shop / Kitchen

(Please note, some of these roles require DBS disclosure.)