

SOCIAL WORKERS

Specialist palliative care social workers offer a wide range of support to patients and families from practical help and advice, help with housing and accessing other services, through to advocacy, individual counselling and group support.

FAMILY SUPPORT WORKER

Our Family Support Worker works alongside other multi-professional team members providing support and advice to patients, relatives and carers.

SUPPORT FOR CARERS

We provide a programme of specialist information, advice and practical help.

ellenor.^{*}

PATIENT AND FAMILY SUPPORT

Part of providing the best care and support for families, means being there for as long as a family needs us.

You can help us to be there, when we're needed.

Please speak to a member of staff or visit our website for ways you can help.

Thank you

www.ellenor.org

ellenor is the operating name of Ellenor Lions Hospices a charity registered in England and Wales (1121561), and a company limited by guarantee (6302132). Registered office at Coldharbour Road, Gravesend, Kent, DA11 7HQ.

ellenor cares for the whole family

Patient and Family Support offers a range of different services. Our experienced team support individuals and their families through treatment and beyond into bereavement.

BEFRIENDERS

Befrienders mainly visit patients and carers in their own homes or nursing or residential homes. Their role is varied, they give company to the patient to enable their carer can have a rest. Sometimes they may escort patients to Hospital or clinic appointments, as well as specially arranged trips.

BEREAVEMENT CARE

ellenor provides counselling and bereavement support for relatives and close friends of our patients, by offering one-to-one counselling during this time of transition and readjustment.

FINANCIAL ADVICE AND BENEFITS

Our Financial Advice and Benefits Service helps with advice regarding applying for and entitlement to benefits.

COUNSELLING

Counselling is a therapy which provides the opportunity to explore areas of life where there may be distress, dissatisfaction, uncertainty or confusion, with a view to finding ways of managing situations. It is about helping and empowering people to find a way forward and learning and discovering new strengths and skills, in order to be able to deal effectively with difficulties.

MUSIC THERAPY

Music therapists believe that anyone, irrespective of musical ability, can be drawn into shared musicmaking and form a musical relationship with another person. Through this relationship, beneficial changes and developments can be encouraged and worked for in a safe and creative way. Using music in this way is a form of therapy – music therapy.

PLAY THERAPY

Play therapy is a therapeutic approach to help troubled or distressed children, using play. It offers an opportunity for children to explore painful feelings, and understand distressing or traumatic experiences or situations, which they may or may not be able to recall in words.