

ellenor.⁺

CARE HOME SUPPORT

Part of providing the best care and support for families, means being there for as long as a family needs us.

You can help us to be there, when we're needed.

Please speak to a member of staff or visit our website for ways you can help.

Thank you

www.ellenor.org

ellenor cares for the whole family

ellenor is the operating name of Ellenor Lions Hospices a charity registered in England and Wales (1121561), and a company limited by guarantee (6302132). Registered office at Coldharbour Road, Gravesend, Kent, DA11 7HQ.

ellenor have a small team that work alongside nursing and residential care home staff to offer support, guidance and training in order to promote the best possible palliative care for their residents.

A fifth of the population will die in a care; and the majority are frail, elderly residents, many of whom are affected by dementia.

Our goal is to enable residents to die in comfort, dignity and familiar surroundings whilst avoiding hospital admissions.

We work in partnership with care homes, and although we are able to give advice on individual residents, we aim to enhance the palliative care skills of the staff.

We offer a number of training sessions to care home staff to improve recognition of end of life and preparing for the dying phase.

We encourage forward planning for the last year of life and promote use of palliative care tools.

We expect care homes to recognise residents who may be within their last few months/ weeks of life and to proactively plan for their dying phase.

Good end of life care involves:

- communicating with residents and families
- anticipating symptom management needs
- accessing relevant medications
- ensuring resuscitation plans are in place to allow a natural death

If you need advice or palliative care support for your residents, please contact the team on 01474 538534, or 01474 535788 (out of hours).